My name is Artem Popov,

I was born in St. Petersburg 30 May 1991, and still live in this city. This is the most beautiful city in Russia, and I am proud that I live here. I went to school with the study of the Finnish language, but now I'm not good at the Finnish.

In recent years, the school I started orienteering, it was the autumn of 2008. As soon as I started to running in the club "North Wind" I immediately realized that I wanted to relate my life with this sport. Now 7 years, I'm doing my favorite sports.

After school I entered the National State University sports P.F. Lesgaft of St. Petersburg. Now I'm in my second year of Magistracy. http://lesgaft.spb.ru/ru

The first time I arrived in Espoo in the autumn of 2010. Since then I in the EsSu club, already passed 5 years. During these years I have gained valuable professional experience in the competitions and I met new friends. I'm glad that I'm running at the club and I always like to come again and again for meetings and competitions in Espoo.

Now I think the best result in the sport: I have this 3 silver medals in individual competitions at the Russian championship on sprint,



and the fact that I'm in the national team of the country. There are other medals and a lot of them, but they are not so important for me.

My goal is a personal medal of world orienteering championship, and of course the gold! (Smile) I also dream of good results in club relays as Jukola and 10Mila.

Now I do not have idols, but there are a lot of athletes whom I respect and try to learn something from them.

I Like the movie about Haile Gebrselassie and Usain Bolt, I think these men will stay for a long time in history. I think these movies must see everyone who are interested in orienteering.

I enjoy outdoor activities, I like to cook, spent my free time with family and friends, and i also like a variety of other sports.

Remember that possitive emotions helps us to achieve the goal!

Best Regards, Artem



